

connecting Families Through Nature



WHAT: Neurographic art project facilitated by Art Impact Project, in partnership with Brushwood Center and the Lake County Children's Advocacy Center Blue Kids Program



Come relax and create art in a beautiful setting with Art Impact Project's Neurographic Art Project. Neurographic drawing is a term coined by Dr. Pavel Piscearev to describe this form of doodling.

Neurographica has been scientifically validated and is a widely used form of art therapy. It creates a mindful and meditative, yet aware state, through the creation of new neural connections. This watercolor project is great for everyone, and no art experience is needed! Adults will have the opportunity to complete this project while we provide age-appropriate art projects for children and adolescents.

WHERE: Brushwood Center at Ryerson Woods
21850 Riverwoods Road • Riverwoods, Illinois



WHEN: Friday, April 11th
10:00a.m. - 1:00p.m.



Attendance is free, but space is limited and registration is required. Meal will be provided. Please come as a family – arts programming will be available for kids and adults. Participants will take home an arts supply bag to continue artmaking and creative expression together as a family all year long.

Register by using the QR code



Thank you to our partners for helping create awareness on Blue Kids

**ART
IMPACT
PROJECT**

Enhancing Emotional Wellness
Through Creative Expression



**BRUSHWOOD CENTER
AT RYERSON WOODS**

VISIT THE LAKE COUNTY CHILDREN'S ADVOCACY CENTER WEBSITE TO LEARN MORE!

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